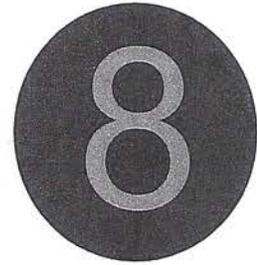


Session 3—Activity #8
Parent Encouragement and
Positive Comments!



Write an encouraging note or positive comment to yourself about something you did with your child this past week that you feel really proud about!